

Hi everyone -The Creeds ..oh, wait...The Trinity

How are you? How's your spirit? We don't often ask each other that. It's a deeper kind of question than the usual question about the other's health. It's important to know how the person is doing physically, even emotionally, but it's also important to know about the spirit.

Some phrases we might hear;

"That's the spirit!" "She's always had team-spirit" "We had a spirited game of bridge!" Do we mean 'spirit' (small 's'), or Holy Spirit? There's a 70's children's song that starts; "The spirit in me greets the spirit in you, al-le-lu-ia.."

Some believe the spirit and body are separate, others don't. Should we say, "How's your spirit today?" ..Fine, thanks." Spirit = Joy (in God)...breath...life..... "How's your life today?" "How's your God-life today?"

The Blueberry Daycare opened again on Monday. I think there's 4 children back. The parents need to get back to work, if they still have a job. When I come in the side door it's so nice to hear little voices laughing (and crying).

Thought for the Day (*online humour*)

Day 1 Isolation I'm going to teach myself to become a gourmet cook...with all kinds of spices, and pasta, rice, soup.. I'll try and find a creative way to use all the ingredients I have in my kitchen.

Day 22 Isolation I poured the ice cream into the pasta.

bye for now,  
blessings,  
Brenda